



Tolmie Star Tulip (Lily Family)

Calochortus Tolmiei, blooms March to April

Also known as Hairy Star Tulip, this flower grows on moist grassy slopes along the coast. You can see it Chimney Rock at Point Reyes.

The Pomo and Miwok Indians baked the bulbs for food.

A related plant in the *Calochortus* genus, the Tiburon Mariposa Lily, is found nowhere in the world but on Ring Mountain in Tiburon.

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Tidy Tips (Sunflower Family)

Layia platyglossa, blooms in May

Tidy Tips grows in open coastal grassland. You can find it at Chimney Rock, Ring Mountain, and Old Saint Hillary's.

Although the flowers in this photo have white tips, some Tidy Tips are all yellow.

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Meadow Chickweed (Pink Family)

Cerastium arvense, blooms April to June

Also called Field Chickweed, this flower is found on rocky slopes near the coast. You can see it at Chimney Rock.

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Columbine (Buttercup Family)

Aquilegia eximia, blooms March to May

Columbine is found in woodlands and shady banks. You can see it on the Marshall-Petaluma Road, near Marshall, and between the bridge and the waterfall at Elliott Nature Preserve.

Sierra Miwok and Maidu Indians ate Columbine spring greens.

Columbine contains prussic acid, which is toxic in large doses. Columbine was a symbol of a deserted lover – it was bad luck to give it to a man and an insult to give it to a woman.

Hummingbirds pollinate Columbines.

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